

THE FORK IS SO RAW

USCG AIR STATION MIAMI

DINING FACILITY MENU

WEEK 4

May 20th – May 26th 2024



Breakfast (0630-0730)

Noon Meal (1100-1230)

Dinner (1630-1730)

Monday

Eggs to order
Hard-boiled eggs
Grilled ham steaks
Crispy hash brown patties
Chocolate chip pancakes

Italian wedding soup
Chicken Santa Fe
Buttered Fettuccini
Italian blend vegetables
Parmesan garlic bread
Lemon pound cake

Soup of the day
Hot pastrami sandwich
Crispy potato wedges
Sauteed green beans
Frosted chocolate cake

Tuesday

Eggs to order
Hard-boiled eggs
Grilled sausage
Breakfast burritos
Fresh breakfast potatoes

Italian Wedding
Slow roasted pork verde
W/ hatch green chili sauce
Cilantro lime rice
Southwest black beans
Churros

Soup of the day
Chicken quesadillas
W/ lettuce, tomato, sour cream
Charro beans
Sazon rice
Snickerdoodle cookies

Wednesday

eggs to order
Hard-boiled eggs
grilled bacon
Sausage gravy w/biscuits
Crispy hash brown patties
Steamed rice



New England clam chowder
Beef Wellington
Potato purée
Glazed root vegetables
Red wine demi-glace
Triple fudge brownies

Soup of the day
Turkey pesto panini
W/ tomato & balsamic glaze
Crispy curly fries
Roasted cauliflower medley
Triple fudge brownies

Thursday

Eggs to order
Hard-boiled eggs
Grilled ham steaks
Fresh breakfast potatoes
Belgian waffles

Southwest chicken tortilla soup
Alice Springs Chicken
Herb Roasted Red Potatoes
Sauteed Zucchini
Oreo Cheesecake

Soup of the day
Carne asada burritos
Red beans and rice
Mexican corn
Guava cheesecake

Friday

Eggs to order
Hard-boiled eggs
Grilled bacon
French toast
Potatoes O'Brien

Corn Chowder
Chicken Fried Steak
Mashed Potatoes
White pepper Gravy
Mixed Veggies
Chocolate Chip Cookies

No dinner service
Box meals available for purchase
Until 1400

Saturday

Eggs to order
Hard-boiled eggs
Grilled sausage
Crispy hash brown patties
Blueberry pancakes

Soup of the day
Patty melts
w/ peppercorn sauce
Crispy french fries
Sauteed green beans
Dessert of the day

No dinner service
Box meals available for purchase
Until 1400

Sunday

Eggs to order
Hard-boiled eggs
Grilled bacon
Fresh breakfast potatoes
Buttermilk waffles w/ topping bar

Soup of the day
Cajun chicken & sausage
Fettuccine alfredo
Steamed broccoli
Baked garlic knots
Dessert of the day

No dinner service
Box meals available for purchase
Until 1400

Submitted by:

Reviewed by:

Approved by:

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, It may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, rte salads, and fresh fruit are available during meal service.